



## What's "new at NAMI NH" Newsletter June 2008

### News to distribute and share with your groups and classes

Please share these updates with your support group and classes.

#### Upcoming Events-

**Walk Kick off-** The walk kickoff is being held on August 13<sup>th</sup> at the Red Blazer in Concord. There will be a breakfast kickoff at 7:30am and a dinner kickoff at 5:30pm. Please rsvp to Win Saltmarsh at [wsaltmarsh@naminh.org](mailto:wsaltmarsh@naminh.org)

**"Life Under Construction"** a one day conference for adolescents/young adults with mental illness and their families on transition planning process on Saturday, September 13, 2008 at So. NH University, Manchester, N.H. National speaker, motivational speaker, workshops, and panel discussion of adolescent and young adults. Early registration-limited seating visit our website [www.naminh.org](http://www.naminh.org)

#### Updates

**PMC Teachers training** – Congratulations to Carrie Borrelli, Susan Allen, Marie Cote and Lisa Feischer who are now trained to teach the Parents Meeting the Challenge Educational course.

**PMC Classes** were held this spring in Lebanon, Manchester, North Haverhill and Concord—Thank you to Lisa Robinson, Rebecca Ladd, Pam Banks, Tena Ewing and Susan Allen!

#### Fall 2008 F2F classes are being announced:

In Portsmouth starting August 19<sup>th</sup>- Contact Diane Cyr at [dcyr@smhc-nh.org](mailto:dcyr@smhc-nh.org)

In Nashua starting September 8<sup>th</sup>- Contact Norma Smith at [ssmith411@aol.com](mailto:ssmith411@aol.com)

In Manchester, dates to be announced, contact Geri Foucher at [Dgtrvl1@comcast.net](mailto:Dgtrvl1@comcast.net)

#### Life Interrupted-

Our new family speakers program is off to a great start. We currently have 9 speakers who have been criss-crossing the state speaking to colleges, churches, civic organizations, family to family classes and community mental health centers. These trained presenters share their personal stories about their journey with a loved one with

mental illness. Their stories are helping to educate and reach families that are still struggling alone. The feedback from both the presenters and from the audiences is very positive. If you know of a group, school, church or organization that would benefit from a presentation on the family perspective and learning about NAMI NH please contact me. In January we will be holding a training for those interested in sharing their stories. For more information contact me at [Acarbonneau@naminh.org](mailto:Acarbonneau@naminh.org) or go to the NAMI NH website at [www.naminh.org](http://www.naminh.org)

## What's New?

In June I had the opportunity to attend the NAMI National convention and present on the Membership Project. The project was well received, I was very proud of the work that we all did together to complete this project. NAMI NH is now working to contract a marketing firm who can guide us through the implementation of the recommendations that resulted from the project.

## And Again...

### \*\*\*\*Support Group Facilitator Training-

Training will be held starting in September, dates will be in next months newsletter, thanks to all those who helped us to fill the training.

Happy 4<sup>th</sup> of July

If you would prefer not to receive this email newsletter, please email me to be removed from the distribution list.

Please contact me with questions, needs, and news of your groups and classes at [acarbonneau@naminh.org](mailto:acarbonneau@naminh.org) or 1-800-242-6264 ext 25.

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